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❖ October 3, 2008 – 9:30 am to 12:30 pm

**WHAT WOULD YOU DO? EXPLORE SOLVING ETHICAL DECISIONS IN SOCIAL WORK PRACTICE**

*Eileen Dewey, LCSW-C and Lori Mostofsky, LCSW-C*

This seminar will be highly experiential. The goal is to provoke thoughtful considerations and discussions of various real life situations. To do that, participants will analyze ethical dilemmas and explore appropriate resolutions, and provide guidance for responsible social work practice. Participants will also be provided with a literature review for further learning.

Registrants are encouraged to provide their own real-life situations for discussion. If you have faced an ethical dilemma in your practice that you feel merits this type of examination, write a brief outline of the situation omitting any personal identifiable information, and either fax to 410/730-1559 or email [cactar@verizon.net](mailto:cactar@verizon.net) by Friday, September 26, 2008. **Fulfills license renewal requirement.**

*Eileen Dewey is the Director/Owner of the Columbia Addictions Center. Eileen received her Bachelor's of Social Work at Shepherd College and Master's of Social Work at the University of Maryland in 1987. She has an extensive background in public and private administration, having worked in criminal justice institutions, juvenile facilities, and several residential programs*

*Lori Mostofsky graduated from the State University of New York at Stony Brook. She has worked in both the public and private sectors with children and families for nearly 20 years. She has been in private practice in Lutherville for 12 years with an emphasis on family therapy. She is also a trained mediator.*

**Location:** University of Phoenix, Timonium      **3 Category I ceus**

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❖ October 3, 2008 – 1:30 pm to 4:30 pm

**Separation, Divorce, and Conflict Transformation**

*Louise Phipps Senft, Esquire*

Drawing on 20 years of mediation with families, Louise Phipps Senft will present on the role of conflict and family dynamics in shaping ethical interactions grounded in conflict transformation theory, and how a conflict transformation intervention can bring clarity, quality decision-making and mediation resolution through empowerment and recognition. Also included will be a discussion of how conflict transformation and mediation can fulfill

the ethical self-determination precept for those in high conflict, including those going through separation and divorce.

*Louise Phipps Senft is an experienced attorney, transformative mediator, and founder of Baltimore Mediation. She has mediated over 3000 divorce and complex family business disputes, all from the transformative approach. She is on the faculty at both the University of Maryland School of Law and Harvard Law School's Program on Negotiating Insight Initiative and is an Associate with the Institute for the Study of Conflict Transformation. She was appointed to the Maryland ADR Commission and later Chair of the first ADR Family Mediation Initiative for the state.*

**Location:** University of Phoenix, Timonium      **3 Category I ceus**

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❖ October 17, 2008 – 9:30 am to 4:30 pm

**The Satir Growth Model of Therapy**

*Dr. Susan Bregman, Ph.D. & Dr. Susan J. McFeaters, Ph.D., LCSW-C*

Dr. Virginia Satir developed powerful techniques to help people experience emotional and spiritual healing. She used sculpting and psychodrama to externalize the internal process. Dr. Satir believed that in childhood we learn a set of meanings, rules, coping strategies and ways of communicating. Since these are learned behaviors, we are capable of changing them. Her goal in working with families was to assist people in becoming more fully human with congruent communication, high self-esteem, and the ability to make choices using their resources to their fullest potential. Participants will learn specific intervention tools based on the Satir model for work with individuals, couples, and families. Among these will be the Self-Esteem Maintenance Kit, Family Reconstruction, Stages of Change, Rule Transformation, and Communication Stances.

**(Lunch 12:30 to 1:30 On Your Own)**

*Dr. Susan Bregman is a Licensed Psychologist and has been in the mental health field since 1971. She has a private practice in Prince Georges County with a specialty in marriage and family therapy. She is past president of the American Association for Marriage and Family Therapists, Mid-Atlantic Division. Dr. Bregman has conducted workshops and taught classes on the Satir Model, assertiveness training, parenting skills, grief and loss, step-families, stress management, dream interpretation, and journaling.*

*Dr. Susan McFeaters has been the Program Director at the Universities at Shady Grove in Rockville for the UMBC Baccalaureate Social Work Program over the last 7 years. She is a licensed clinical social worker with a health and mental health practice specialization. Dr. McFeaters is a faculty member of the Virginia Satir Global Network. She trained extensively with Virginia Satir in the mid 1980's. She has provided numerous trainings throughout*

the country on the Satir Model and has infused her own expertise in diversity and cultural competence as well as grief and loss into many of these trainings.

**Location:** University of Phoenix, Columbia 6 Category I ceus

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❖ October 24, 2008 – 9:30 am to 4:30 pm

**Creative Trauma Resolution:  
Using Art, Stories, and Play to Help Children Heal**

*Wayne King, LCSW-C*

This seminar presents a phase-oriented approach to trauma resolution that begins with helping the client to feel more stable and ends with the client developing stronger interpersonal relationships and being able to experience more positive emotions. Specific interventions using the modalities of art, storytelling, and play will be explored in each phase of treatment. Participants will be encouraged to use their own creativity to develop interventions using these modalities.

**(Lunch 12:30 to 1:30 On Your Own)**

*Wayne King is an LCSW-C with a private practice in Towson. His work at The Counseling Center has focused on trauma resolution and the psychological needs of children and adolescents.*

**Location:** University of Phoenix, Timonium 6 Category I ceus

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❖ November 7, 2008 – 9:30 am to 12:30 pm

**Psychiatric Signs and Symptoms in the  
Context of Addiction**

*Dr. Bernadette Solounias, M.D.*

Participants will be presented an overview of the relationship between addiction and emotional state. Common psychiatric disorders/syndromes/problems such as depression and anxiety, psychosis, and cognitive deficits will be discussed as they relate to addiction. Pharmacological interventions in addiction will also be discussed.

*Dr. Bernadette Solounias is a graduate of the University of Connecticut Medical School. She completed a residency in psychiatry at the University of Maryland Medical School*

where she was a member of the faculty and director of the Alcohol and Drug Consultation Service. For the past 13 years, she has been the Medical Director of Father Martin's Ashley, a residential chemical dependence treatment program.

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ November 7, 2008 – 1:30 pm to 4:30 pm

**Treatment Considerations for Children with Autism  
and Asperger Syndrome and Their Families**

*Dr. Brian Freedman, Ph.D.*

Children with Autism spectrum disorders (ASD) often present with a complex set of challenges which extend beyond the diagnostic criteria. Psychiatric co-morbidity, family stressors, and limited resources in the public system, all reflect wide challenges which require careful consideration during treatment. In this presentation, ASD will be explored as a systemic disorder. Individual, family, and group treatment models for children with high functioning autism and Asperger's Syndrome will be discussed as well as how systems theory should be considered for conceptualization and treatment.

*As Clinical Director and Staff Psychologist, Brian Freedman joined the Center for Autism and Related Disorders (CARD) at Kennedy Krieger Institute in September 2007. He conducts social skills groups, individual and family therapy, and behavior consultation for families and school districts. In May 2008, he was named Clinical Director for CARD and currently oversees all clinical operations for the center. He has spent 10 years providing consultation and treatment services for children with autism spectrum disorders, most recently at Nova Southeastern University Mailman Segal Institute, Ft. Lauderdale, FL. Brian has presented on his work with families of children with autism at the annual conferences for the International Meeting for Autism Research and the American Psychological Association.*

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ February 13, 2009 – 9:30 am to 12:30 pm

**Dream Ego and the Other: A Jungian Structural  
Approach to Dreams**

*Simone Campbell Scott*

Further information provided at a later date. Please check on-line catalog after September 15, 2008.

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ February 13, 2009 – 1:30 pm to 4:30 pm

### **Medication Issues/Mood & Anxiety Disorders**

*Niccolà D. Della Penna, M.D., CIME*

Participants will learn about comprehensive formulations of all patients, including making accurate diagnoses of patients with mood disorders and discerning subtleties of bipolar disorder. In addition, Dr. Della Penna will focus on modern pharmacological approaches to patients with mood disorders, effectively linking medication treatment with psychotherapeutic strategies.

*Dr. Della Penna received his medical degree from the Northwestern University Feinberg School of Medicine and completed his residency training at The Johns Hopkins Hospital. Since that time, he has worked as faculty in the Department of Psychiatry at the University of Chicago Hospitals serving as the Director of the General Hospital Psychiatry Consultation Service as well as a specialty outpatient affective disorders clinic. He has worked as the Medical Director of a regional adult inpatient practice in which he specializes in the care of patients with mood disorders and anxiety disorders. In addition, he is developing a subspecialty area of aviation psychiatry. Dr. Della Penna also works part-time on the faculty of the Department of Psychiatry and Behavioral Sciences at The Johns Hopkins Hospital.*

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ February 27, 2009 – 9:30 am to 4:30 pm

### **The Grey Matter of Ethics: Problem Solving Genuine Clinical Ethical Situations**

*Timothy C. Donovan, LCSW-C & Lori Mostofsky, LCSW-C*

This seminar will be highly experiential. Goals are to enhance overall knowledge of ethics and to evoke thoughtful discussions relating from grey to clear ethical questions in clinical practice. Most of all, the presenters want to facilitate useful solutions to ethical dilemmas. Participants will first learn various models of ethics, and then analyze ethical dilemmas that will orient a

compass for responsible social work practice. Registrants are encouraged to provide their own real-life situations for discussion. If you have an ethical dilemma in your practice that merits this type of examination, write a brief outline of the situation omitting any client identifiable information and either fax to 410/583-2949 or email [tcdonovan2002@yahoo.com](mailto:tcdonovan2002@yahoo.com) by Friday, January 30, 2009.

**(Lunch 12:30 to 1:30 On Your Own)**

*Timothy C. Donovan received his MSW from the University of Maryland, Baltimore and has been practicing for 16 years. At present, he splits his time between a clinical practice, Father Martin's Ashley, and teaching at the University of Maryland School of Social Work. He is also the Past President of the Maryland Society for Clinical Social Work.*

*Lori Mostofsky graduated from the State University of New York at Stony Brook. She has worked in both the public and private sectors with children and families for nearly 20 years. She has been in private practice in Lutherville for 12 years with an emphasis on family therapy. She is also a trained mediator.*

**Location:** University of Phoenix, Columbia 6 Category I ceus

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❖ March 6, 2009 – 9:30 am to 12:30 pm

### **Defense Structures Simplified**

*Christopher Beattie, LCSW-C*

The traditional Freudian defense structures have been a useful tool for describing the ability of humans to transform unpleasant realities to more acceptable forms. However, these structures often describe highly pathological processes and they may not be useful for therapists who are working with non-pathological individuals and couples. This seminar will present a simplified description of non-pathological defense structures and the development of those defense structures. This system will be highly applicable to settings where clients are attempting to come to grips with self-defeating patterns, relational frustrations, and desired personal change. This system is readily understandable, it is non-pejorative, and it can be described to the clients themselves. It can assist in self-observation and the development of the "observing ego". Clients will be readily able to visualize their reactive pattern, and will be able to at least visualize other ways of reacting to stressful situations.

*Christopher Beattie has maintained a dual career. He has been in private practice for 15 years and has been a social worker for the Baltimore City Public Schools for 16 years. He has also worked in a general hospital psychiatric unit and in child & adolescent clinics. His psychotherapy training is Reichian-based, body-oriented therapy. Chris prefers to work on the*

*emotional aspect of the individual psychologies, and from that basis he creates the cognitive and behavioral interventions that will best serve his clients.*

**Location:**      **University of Phoenix, Timonium**      **3 Category I ceus**

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❖ March 6, 2009 – 1:30 pm to 4:30 pm

**Resiliency: A Major Component in Successful Aging**

*Janet Kurland, MSW, LCSW-C*

Join Janet Kurland as she explores pathways to help live through the ups and downs in our lives. Her presentation will focus on several important works including Dennis Prager's *Happiness is a Serious Problem*, Rabbi Irwin Kula's *Yearnings: Embracing the Sacred Messiness of Life*, Kay Redfield Jamison's *Exuberance: The Passion for Life*, and Rabbi Harold Kushner's *Overcoming Life's Disappointments*. Also included will be material from Dr. Alan Wolfeld and Dr. Martin Seligman, as well as several experiential exercises.

*Janet Kurland is Senior Care Specialist at Jewish Family Services and Manager of Senior Resources. She received her MSW from the University of Pennsylvania, is a Board Certified Diplomate in Clinical Social Work, and Certified Advanced Social Work Care Manager. Ms. Kurland is founder of a major senior center as well as pioneering the development of community-based social work services to the elderly. She team teaches at The Johns Hopkins University Certificate on Aging Program and will teach at the University of Maryland School of Social Work this fall for a post Masters program.*

**Location:** University of Phoenix, Timonium      3 Category I ceus

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❖ March 20, 2009 – 9:30 am to 12:30 pm

**Self-Seeking: Healing Narcissistic Wounds**

*Gayle Bohlman, LCSW-C*

The seminar will use the myth of Narcissus to explore the transformative process that can occur in the psychotherapeutic relationship for recovery of the self. A Jungian perspective for the recovery of the self and the alchemical process for healing narcissistic wounds will be offered. The seminar will define the stages in this process, the presence required of the therapist, what current neuroscience offers relative to this process, and the practice of mindfulness and mirroring as techniques essential to the process of change. The need to understand narcissistic wounding and how recovery occurs is knowledge essential to all therapeutic relationships so that the client may depart from each therapeutic exchange feeling more real to him/her self. The insights gained from understanding the recovery process of narcis-

sistic wounding will contribute to the therapeutic relationships regardless of the modality or length of treatment.

*Gayle Bohlman, LCSW-C, has been in private practice since 1980 and currently practices at The Counseling Center in Towson. With a background in child abuse from her early training, she currently sees clients for depression, anxiety, PTSD, and relationship counseling. Her love of Jungian psychology, spirituality, myth, and fairy tales has led her to explore depth psychology and integrate these concepts into her practice. She currently offers groups for men and women to explore myth and fairy tales for the purpose of personal growth and development. Gayle is also a registered yoga instructor and incorporates this into her practice.*

**Location:** University of Phoenix, Timonium      3 Category I ceus

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❖ March 20, 2009 – 1:30 pm to 4:30 pm

**Introduction to Clinical Hypnosis**

*Mairi MacRae, LCSW-C*

This is an experiential and didactic training designed to offer participants a beginning familiarity with the techniques and uses of clinical hypnosis. Participants will gain a conceptual understanding of clinical hypnosis and how it is similar to, and different from, the more familiar forms of talk therapy. As well as learning when, and with what conditions, hypnosis is useful, participants will be offered a brief hypnotic experience designed to promote relaxation and enhance readiness to learn. They will also listen to audio recordings of hypnotic sessions, and space and time permitting, have the opportunity to practice inducing the inward focused awareness necessary for hypnotic work.

*Mairi MacRae has been a social worker for the past 18 years. She has worked in child protective services in residential treatment with abused and neglected children, and for the past 9 years has provided therapy to adults and older adults on an out-patient basis. She is a certified professional with the American Society of Clinical Hypnosis and has been using hypnosis in clinical practice for the past 3-1/2 years.*

**Location:** University of Phoenix, Timonium      3 Category I ceus

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❖ [April 3, 2009 – 9:30 am to 12:30 pm](#)

**Working with Gay/Lesbian Clients**

*Dr. Tracey L. Gersh, Ph.D.*

This seminar is designed to address issues salient to the provision of affirmative therapy for gay and lesbian clients. In addition to providing an overview (e.g., homosexuality 101), the seminar will address the multiple, and often complicated, layers of the coming out process and its impact on one's overall health. Additionally, seminar content will include the relationship of sexual orientation to one's social, emotional, physical, and spiritual self. Lastly, clinicians will learn helpful "do's" and "don'ts" to facilitate their work with gay and lesbian clients.

*Tracey L. Gersh, Ph.D. is the Director of Mental Health at Chase Brexton Health Services, Inc., a Community Health Center in Baltimore, and has over 20 years as a professional in the mental health field. In addition to her administrative roles, Dr. Gersh carries a clinical caseload, and provides clinical supervision and consultation. She received her Ph.D. in Counseling Psychology from the University of North Carolina at Chapel Hill in 1993, and completed an internship at the Durham Veteran's Administration Medical Center. Dr. Gersh is a Licensed Psychologist, and is listed in the National Registry of Health Care Providers in Psychology. Her clinical interests include behavioral medicine, gay/lesbian issues, and geriatrics.*

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ [April 3, 2009 – 1:30 pm to 4:30 pm](#)

Further information provided at a later date. Please check on-line catalog after September 15, 2008.

**Location:** University of Phoenix, Timonium 3 Category 1 ceus

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❖ [April 24, 2009 – 9:30 am to 4:30 pm](#)

**Family Based Therapy of Eating Disorders**

*Laura K. Ratner, LCSW-C, BCD*

The palpable ambivalence and reluctance to change which characterizes the eating-disordered individual can create frustration for even the most

seasoned professional. This seminar offers practice information for the effective treatment of people with anorexia nervosa, bulimia nervosa, binge eating disorder and the full spectrum of sub-clinical disordered eating. Beginning with an in-depth assessment that not only allows diagnosis but informs treatment strategies, this seminar will provide a systemic model for conceptualizing eating disorders. Treatment strategies that are primarily family-based but which can be used with both individuals and families will be discussed, with case examples to illustrate. Cognitive-behavioral strategies and the use of medication will also be addressed. Time-sensitive, creative and respectful, this comprehensive model is applicable to children, adolescents, and adults with eating disorders.

**(Lunch 12:30 to 1:30 On Your Own)**

*Laura K. Ratner, LCSW-C, BCD, has degrees from Cornell and Tulane Universities. She has worked extensively in the field of eating disorders since 1980. In private practice in Chevy Chase since 1986, Ms. Ratner specializes in the treatment of eating disorders utilizing individual and family psychotherapy. She lectures widely to both professional and community audiences, regularly addressing eating disorder prevention for students, parents, and faculty at area schools. She was cited by Washingtonian magazine as one of the top psychotherapists in the Washington area for her work in the treatment of eating disorders.*

**Location:** University of Phoenix, Columbia 6 Category I ceus

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❖ [May 1, 2009 – 9:30 am to 12:30 pm](#)

**AN OVERVIEW OF ADHD IN ADULTS: THE NATURE OF THE DISORDER, ASSESSMENT AND TREATMENT**

*Lawrence D. Messier, Ph.D.*

In a repeat of last spring's highly evaluated seminar. Dr. Messier again provides a conceptual understanding of ADHD including etiology and the neurobiological basis of the disorder. Developmental aspects of ADHD will be explored and the effect of ADHD on executive functions will be reviewed. Emphasis will be given to the effect of ADHD on everyday functioning, and a range of treatment options including medication, behavioral, and therapeutic interventions will be presented. Common misunderstandings about the disorder will be addressed.

*Lawrence D. Messier is a licensed clinical psychologist and former school psychologist. He is currently the Director of Counseling Services at the Community College of Baltimore*

County, Catonsville Campus and in private practice with MedPsych Associates in Lutherville. Dr. Messier has over 20 years experience in the diagnosis and treatment of learning disorders and Attention Deficit Hyperactivity Disorder.

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ May 1, 2009 – 1:30 pm to 4:30 pm

### **Using Test Results in Practice**

*Thomas Baumgardner, Ph.D.*

This seminar will review the primary goal and purposes of psychological or neuropsychological assessment and the uses of test results in the provision of psychotherapy and consultative services. Topics will include the benefits and limitations of diagnostic labels, typical questions asked of the evaluator, and practice guidelines for intervention. Emphasis will be placed on issues surrounding “evidence-based” practice and the changing roles of mental health providers and the challenges of keeping up with scientific progress in the care of patients. Discussion and debate will be encouraged.

*Dr. Baumgardner is a Licensed Clinical Psychologist in private office practice in Towson. His practice includes neuropsychological assessment and consultation to patients of all ages, with specializing in pediatric neuropsychology. He also provides individual and family-oriented psychotherapy. He earned his doctorate in clinical psychology in 1994, which included internship at a Veteran’s Administration Medical Center, and he completed postdoctoral training in Pediatric Neuropsychology at the Kennedy Krieger Institute’s Learning Disabilities Research Center.*

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❖ May 15, 2009 – 9:30 am to 12:30 pm

### **Clinical Work with Victims of Intimate Partner Violence**

*Ellen Loy, LCSW-C*

This seminar is designed to increase clinician’s skills and comfort level in working with victims of intimate partner violence. Participants will deepen their understanding of the complex dynamics that exist in abusive relationships. This includes what distinguishes an abusive relationship from one with poor communication or one with anger issues, what are the differ-

ent tactics abusers use, how abuse affects children who witness it, and how clinicians can assess a client’s level of danger.

Many social workers come in contact with victims of intimate partner abuse even when it is not the presenting problem. This is true for clinicians in private practice, in medical settings, mental health or substance abuse programs. It may be an issue when working with children in a school or community setting. In many cases clinicians feel ill equipped or even afraid to address the issue. Through case examples participants will learn positive ways to work with victims that address both the issues of safety for clients and their children and the ambivalence clients may feel about their situations.

The seminar will also include sharing resources available for victims and suggestions on how to make successful referrals to agencies and programs that work with victims of intimate partner violence, abusers, and children who witness abuse in their homes.

*Ellen Loy is the Director of Counseling, Outreach and Training at The House of Ruth MD, Inc. She is a graduate of The George Washington University and received her MSW in 1988 from The University of Maryland School of Social Work. She has been providing clinical services to victims of intimate partner violence for 20 years. Ellen leads the House of Ruth Training and Education Institute, supervises counselors and interns, develops and supervises programs including working with victims of domestic violence with disabilities, older abuse, and domestically violent women. Ellen has provided workshops at both statewide and national conferences and has served as an expert witness in domestic violence cases.*

**Location:** University of Phoenix, Timonium 3 Category I ceus

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❖ May 15, 2009 – 1:30 pm to 4:30 pm

### **Dialectical Behavior Therapy Skills in Vivo**

*Betsy F. Amey, LCSW-C and Katharine G. Blakeslee, LCSW-C*

DBT approaches have succeeded in helping emotionally dysregulated, even suicidal and “borderline” clients create “lives worth living”. This year, participants will engage in enacting skills training in mindfulness, distress tolerance, emotional regulation and interpersonal effectiveness for an experiential understanding of how to use this compelling modality with clients.

*Betsy F. Amey, LCSW-C and Katharine G. Blakeslee, LCSW-C practice at The Resource Group in Towson. Their DBT treatment team was trained by Marsha Linhan’s BehaviorTech and has been offering individual and skills group DBT for the past 3 years. Clients*

*served include chemically dependent and "dually diagnosed" persons as well as those suffering from personality, mood, and anxiety disorders.*

**Location: University of Phoenix, Timonium**

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THINK GREEN

If you receive duplicate copies of this catalog, please inform us via email and then pass your duplicate on to a colleague.

**MEMBER FEES PER SEMINAR**

Oct 3	\$55	Mar 6	\$55
Oct 17	\$125 (All day)	Mar 20	\$55
Oct 24	\$125 (All day)	Apr 3	\$55
Nov 7	\$55	Apr 24	\$125 (All day)
Feb 13	\$55	May 1	\$55
Feb 27	\$125 (All day)	May 15	\$55

(Register for AM & PM on the same day, pay \$100 for both)

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**NON-MEMBER FEES PER SEMINAR**

Oct 3	\$65	Mar 6	\$65
Oct 17	\$135 (All day)	Mar 20	\$65
Oct 24	\$135 (All day)	Apr 3	\$65
Nov 7	\$65	Apr 24	\$135 (All day)
Feb 13	\$65	May 1	\$65
Feb 27	\$135 (All day)	May 15	\$65

(Register for AM & PM on the same day, pay \$120 for both)

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**STUDENT FEE W/ STUDENT ID**

Every seminar \$20

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*Note: Non-members who submit a membership application at the same time they register for a seminar, the fee for the seminar will be the member price. An application can be downloaded on our website; click on "Join Us".*

**ADVANCE REGISTRATION ONLY      ~~~~~      NO WALK-INS**